

THORNTON NEWS

Welcome to our Autumn 2025 Newsletter



We are taking bookings for vaccinations!

Who should have a flu vaccination?

Flu vaccines are recommended for those who are most at risk of serious complications if they get flu.

- Adults over 65 years old.
- People with certain long-term health conditions.
- Pregnant women.
- People who live in a care home.
- Carers for an older or disabled person.
- People who live with someone with a weakened immune system.
- Frontline health and social care workers can get a flu vaccine through their employer.
- Children aged 2 – 3 years old, school aged children (reception to year 11) and children with certain long-term health conditions.

From Autumn 2025 the eligibility for a covid vaccination has changed. You are eligible for a covid vaccination if you are:

- adults aged 75 years and over
- in a care home for older adults
- immunosuppressed aged 6 months and over

We are also offering Human Papilloma catch up vaccinations if you missed yours at school.

If you are unsure regarding your eligibility for any vaccination, contact the surgery and we will be happy to check for you.



Cervical screening recall has changed - The National Cervical Screening programme has made changes to the standard recall period for cervical smears. For all smears taken on or after the 1st July 2025, the standard recall time will be 5 years rather than 3 years, as it had previously been for some age groups. There are some variations to this dependent on the results of the sample. This will be explained in the patient result letter that you will receive after your test.

For more information about cervical smears: www.nhs.uk/tests-and-treatments/cervical-screening/

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Goodbye

Dr Harrison we hope you enjoyed your time with us and we wish you all the best for the future! Good luck to Katie (office supervisor) as she begins her maternity leave in October.

Hello and welcome back

We welcome back Keely(receptionist) from maternity leave and Dr Mustafa is back from maternity leave in October.

Dr Amna Chaudhry who has been with us before is back to cover as a locum and Dr Wolstenholme (GP Registrar) is with us for a few months – we hope you enjoy your time with us.

Finally welcome to Scarlett and Charlotte our two new receptionists.

The Team

Gone are the days when doctors, nurses and health visitors were the only services provided at the surgery. We now have a whole team surrounding and supporting us in offering patients the best and most appropriate care.

Below is a list of some of the services we offer at Thornton Medical Centre -

- Minor surgery clinic
- Long-acting contraception clinic
- Travel and immunisation clinic
- Drug and alcohol support worker
- Social prescribers
- Physiotherapy
- Dietician
- Men's Mental Health Worker
- Frail and elderly coordinator
- Care homes team



Staff Training days for Autumn 2025

The surgery is **closed from 12.00** for staff training:

- Thursday 25th September 2025
- Thursday 23rd October 2025
- Thursday 27th November 2025

and will **re-open 08.00 the following day.**

If you need medical advice when the surgery is closed, use NHS 111 online (111.nhs.uk) or call 111, they can direct you to the best place to get help. Always call 999 in a medical emergency.

Pharmacy First

Pharmacy First gives patients quick and accessible care and eases pressure on GP services.

Pharmacy First enables community pharmacists to supply prescription-only medicines such as antibiotics and antivirals where clinically appropriate, to treat certain common health conditions including the ones below without the need to visit a GP.

- Earache (aged 1-7 years old)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Shingles (aged 18 years and over)
- Sinusitis (aged 12 years and over)
- Sore throat (aged 5 and over)
- Urinary Tract Infections (UTI's women aged 16 – 64 years)

Thank you for reading our newsletter, the next issue will be Winter 2025.

Please visit our website at
<https://www.thorntonmedicalcentre.nhs.uk/>